



## Rahoon Newcastle GAA Helmet Safety Policy

Rahoon Newcastle GAA Club is committed to player safety and welfare. This policy has been created to make players, mentors, parents and all who are associated with the running of our games trainings and practice aware of our Club helmet safety rules. This policy also relates to practice taking place by members outside of normal training times at our ball alley and on our pitch when other groups are training due to the increased risk to child safety.

### Helmet Safety Policy:

1. All players **at all levels** in all Hurling and Camogie **Games** and Hurling and Camogie **Practice Sessions** that it is **mandatory**, and the responsibility of each individual player to wear a helmet with a facial guard that meets the standards set out in IS:355 or other replacement standard as determined by the National Safety Authority of Ireland (NSAI). The GAA's advice document about helmets can be downloaded [here](#)
2. All players and parents are advised that in the event of a head injury occurring, if no helmet is worn or the helmet being worn does not meet the standard or is modified or altered from the original manufactured state, they are not covered under the terms of the GAA Injury Benefit Fund, this includes children practicing at the Club outside of organised training sessions.

### CONSEQUENCES OF NOT WEARING A HELMET OR WEARING AN UNAPPROVED OR ALTERED HELMET:

- Players are not covered under the terms of the GAA Injury Benefit Fund for facial/eye/head injuries suffered.
- Significantly increased risk of facial, dental, oral, nasal, orbital and eye injuries.
- Potential injuries suffered as a result of wearing an unapproved or altered helmet can be extremely serious including long term sight complications such as impaired vision, increased risk of cataracts, glaucoma and complete loss of sight.



Note: This policy is considered a live policy and continuous improvement should be applied.